What is claimed is:

- 1. A medical electrical lead, comprising:
 - a component including a surface and a groove formed in the surface;
- a conductor extending within the lead and including a portion positioned within the groove of the component; and
- a resistance weld formed between the portion of the conductor and the component.
- 2. The medical electrical lead of claim 1, wherein the surface has a curved profile.
- 3. The medical electrical lead of claim 2, wherein the surface of the component forms an inner diameter.
- 4. The medical electrical lead of claim 2, wherein the surface of the component forms an outer diameter.
- 5. The medical electrical lead of claim 2, wherein the surface of the component forms an inner diameter and the component further includes an outer electrode surface.
- 6. The medical electrical lead of claim 5, wherein the outer electrode surface includes a titanium nitride coating.
- 7. The medical electrical lead of claim 1, wherein the conductor is a cable.
- 8. The medical electrical lead of claim 1, wherein the conductor is a coil.

- 9. The medical electrical lead of claim 1, wherein the groove extends approximately aligned with a longitudinal axis of the component.
- 10. The medical electrical lead of claim 1, wherein the groove extends approximately transverse to a longitudinal axis of the component.
- 11. The medical electrical lead of claim 2, wherein the groove spirals about a portion of a circumference of the surface.
- 12. The medical electrical lead of claim 1, wherein the groove includes an approximately semi-circular cross-section.
- 13. The medical electrical lead of claim 1, wherein the groove includes an approximately v-shaped cross-section.
- 14. The medical electrical lead of claim 1, wherein the groove includes a depth and the portion of the conductor positioned within the groove includes a pre-weld diameter, the pre-weld diameter being greater than the depth of the groove.
- 15. A method for forming a resistance weld between a conductor and a component of a medical electrical lead, the method comprising steps of:

placing a portion of the conductor within a groove formed in a surface of the component;

pressing a welding electrode against the portion of the conductor; and applying a welding pulse while continuing to press the electrode, the electrode being stopped from flattening the cable by contact with the surface of the component on either side of the groove.

- 16. The method of claim 15, wherein the surface of the component forms an inner diameter and the welding electrode is inserted within the inner diameter.
- 17. The method of claim 16, wherein the surface of the component forms an outer diameter.
- 18. The method of claim 15, wherein the conductor is a cable.
- 19. The method of claim 15, wherein the conductor is a coil.
- 20. The method of claim 15, further comprising a step of applying a preweld pulse to condition the component and wherein the surface of the component forms an inner diameter and an outer surface of the component forms an electrode including a titanium nitride coating.
- 21. The method of claim 15, wherein the welding pulse peaks at a current between approximately 600 amps and approximately 700 amps
- 22. The method of claim 20, wherein the pre-weld pulse peaks at approximately 400 amps.
- 23. The method of claim 15, wherein a force applied in pressing the welding electrode against the portion of the conductor is greater than approximately 5 pounds.
- 24. The method of claim 23, wherein the force is between approximately 6 pounds and approximately 10 pounds.